

1984. Since 1979, I have lived in California, Florida, Georgia, Massachusetts, New York, Oregon, Texas, Virginia, and Washington. In the Fall of 1998, I was ordained as a minister through an Evangelical Christian ministry in Augusta, Georgia. Currently, I'm loosely connected with a small Baptist church in North Central Florida.

I wrote this pamphlet to answer 15 of the most asked questions.

1) What have you been doing? Since February of 1993, I have crisscrossed the United States speaking at churches wherever possible either during Sunday school classes or the services (62 churches in 2014), talking to people along this country's highways and by-ways, performing disaster relief, working with other agencies, helping churches set up compassion ministries, maintaining an internationally read website, and designing websites for other ministries.

Along with these things, I have also been praying. I tell everybody that "with every wheel revolution, a prayer goes up to Heaven". That is why my ministry is called "Pedal Prayers". On June 15, 2004, I passed the 1,000,000,000th wheel revolution mark. Along with expressing action, the word "Pedal" stands for Pray Every Day And Listen".

The adventure on two-wheels started February 19, 1993 from Portland, Oregon. The ministry portion of the ride started from Santa Monica, California on March 27, 1993.

2) Where have you been? Since this adventure started, I have made sixteen ocean to ocean crossings of the United States. I have also been in every state but Alaska and Hawaii. Also, I have made short jaunts into Canada and have touched the Mexican Border several times. Along the way, I have cycled through almost every major city in the United States and have traveled through most of the National Parks. With regards to elevation, I have been as low as one hundred feet below Sea Level (minus .03 kilometers) in the Imperial Valley in California and as high as almost eleven thousand feet (2.08 miles (3.34 kilometers)) above Sea Level in the Colorado Rockies west of Denver.

3) What disasters have you been at? Some of the natural disasters that I have helped at were the Great Mississippi River Flood in 1993; Hurricanes Andrew, Charley, Emily, Frances, Isadore, Ivan, Katrina, Lili, Opal, Rita, and Sandy; and the Los Angeles Earthquake in 1994. I have also helped out after other floods, tornadoes, and wildfires. I will try and ride to the disaster area to help out if I am within 500 miles (800 kilometers) of it. The longest that I've stayed in a disaster area was three weeks.

4) What agencies have you worked with? During the natural disaster recovery, I have worked with the American Red Cross, Federal Emergency Management Agency, and the Salvation Army. Between 1996 and 2010, I worked with the Fuller Center For Housing and Habitat for Humanity helping to build sixty-four homes around the country.

5) How are you funded? This is literally a "Ride of Faith". I have no major sources of funding or sponsorship. However, I have a very big, powerful, and loving L-RD. I trust that He will provide in His own and unexpected ways. It is because of His outstanding track record that I can confidentially trust that He will provide for me in the future. Through His

people, I receive some funds through "Green Handshakes" (monetary donations given in handshakes) or "Love Offerings" from churches.

Even though I have not worked for a wage during the last twenty-two years, not one penny has been asked for. I have actually gotten more of my financial support from non-church sources. In-kind donations such as bike repairs and supplies, food, meals, and lodging have also been provided. In 2014, these in-kind donations totaled around \$9,542.. Financial support totaled around \$5,200..

Also, I fund myself through "Road Manna" . This is loose change and currency that I find alongside the road. In 2014, I picked up almost \$90.

6) How many miles do you travel each day? On the days that I ride, there are many variables that affect my mileage (amount of daylight, errands, health, ministry opportunities, road conditions, terrain, weather, etc.) However, when everything is favorable, my average is between 50 and 100 miles (80 and 160 kilometers) per day. In June of 1999, a strong tailwind from the East helped me cycle from Berthold, North Dakota to Culbertson, Montana (almost 150 miles (240 kilometers)). Since 1993, I have ridden 71 days over 100 miles.

7) How far have you traveled? As of November 23, 2014 (the end of my 45th missionary bike tour), I have cycled 240,343 miles (384,548 kilometers). This is over 9.64 times around the Equator. The mean distance around the Equator is 24,901 miles (39,842 kilometers). In 2014, I rode 11,265 miles (18.024 km) in 217 days.

8) How many bikes have you used? I am on my seventh bicycle (third recumbent). My first hybrid bicycles with mountain bike frames and road tires. The first two bicycles were made by Schwinn lasting 23,054 and 28,082 miles (36,891 and 44,932 kilometers) and the second two were made by Specialized lasting 9,698 and 33,907 miles (15,517 and 54,252 kilometers). Due to some lower back and shoulder problems, I switched over to short-wheelbase recumbents. My first recumbent was a 24-speed short-wheelbase T-bolt recumbent made by Lightning Cycle Dynamics in California. It had 49,883 miles (79,813 kilometers) on it before it got replaced. On April 30, 2005, I received as a donation a new EZ-Speedster-SX 24-speed recumbent . This recumbent became my sixth bicycle (2nd recumbent) and designed by Easy Racer in California and built by Sun Cycle in Florida. Before it's destruction in a freak car accident in 2007, I got 23,419 miles (37,470 km) on it. On April 22, 2007, I got a 27-speed EZ-Speedster-AX short-wheelbase touring recumbent. The recumbent is a special limited edition and there were less than 400 made. It's name Alice is derived from the chemical symbol of it's frame material. As of November 23, 2014, I have 71,997 miles (115,194 kilometers) on it.

9) How heavy is your current bicycle? Depending on how much food and water I am carrying and what season it is, my current bicycle loaded up weighs around 100 pounds (45 kilograms). The recumbent weighs 27 pounds (13 kilograms) unloaded.

10) Do you ever take rides? I try not to since those missed miles cannot be counted. The only times when I accept a ride are during bad weather, illness, when I need to get someplace in a hurry, or when there is a breakdown on the bicycle that I cannot fix alongside the road. I am

quite handy in repairing flat tires. In addition, I might have to get a ride when I cannot pedal along highways such as interstates or across major bridges.

11) What do you do in different weather? I try and ride in most kinds of weather. I do have a rain suit and use it in cold and wet weather. During hot weather, I typically sweat a lot and drink a lot of fluids. In July of 2003, I rode through 105 degree Fahrenheit weather in Kansas. Road surface temperature was around 120 degrees. Sometimes, I am forced to stop for a while due to bad weather, but I will try and press on through it.

12) Why are you doing this? This is a question easier asked than answered. The answer is that I believe ADONAI (the L-RD) wants me to. In February of 1993, I had the same short dream of myself traveling by bicycle for four nights in a row. I had already done some extensive bicycle touring between 1986 and 1992 (almost 21,000 miles (33,600 kilometers)). The dream lasted just long enough to stay in my memory. The dreams were silent except for the last night. The silence of the last night was interrupted by one short two-lettered word. That word was "GO". I felt strongly that this was a call to action on my part by ADONAI. In four days, on February 19th, I was on the road.

13) What is your message? Basically, my message is two-fold (for individuals who are Christians and for churches). For Christians, my message is that they should "live out their faith". Another way of saying this is that they should put those words and beliefs into action. They should "Walk the Walk" instead of just "Talking the Talk". It is my conviction that if I am going to claim to be a Follower of Y'SHUA (the MESSIAH), then the life I live ought to be in keeping with that claim. Another way of saying this is "Actions speak louder than words". The second chapter of the New Testament Book of James states that our Faith and our Works (Actions) needs to go "hand in hand". There is a poem by Edgar Guest and put to music by Bruce Carroll that says "I'd rather see a sermon than hear one any day". I see my life as being a living example of this.

For churches, my message is that they should get back to the "Basics" or be a church that cares and has a compassionate heart. For "Basics", I mean that they should get back to doing social action as found in James 2 and Matthew 25. There seems to be too much emphasis on the presentation and little emphasis on the message. Too many churches are just becoming "social clubs". Because of these two latter statements, it seems that 85% of the Protestant churches that I have visited are either close to dying out or have a decline in membership.

The early churches made it a point to take care of the individual's physical needs especially those of widows and orphans. In present day churches, the act of caring (if there is any) is designated to a few people in the church or money is sent either to a local agency and the individual's needs are taken care of there (usually after a police screening has been performed) or given to a state or national program. Giving money to either a local rescue mission or shelter doesn't negate the church's obligation to care for others. Some churches now only have ministries for emotional or spiritual needs, day-care or preschool, or recreation. Money and effort is spent on taking mission trips to out-of-state places or foreign countries instead of going into their own communities and neighborhoods.

Churches need and should provide such things as clothes or food banks,

health ministries (church or parish nurses), learning programs (budgeting and finance, computers), ESL (English as a Second Language), G.E.D., and homework help), minor home repair for the elderly (Christmas in April), respite for parents with children (Mother's Day or Night Out), hospice care, and temporary housing to mention a few things. One of the best examples of a caring church is the Presbyterian Church in Wetumpka, Alabama (just Northeast of Montgomery) where they provide temporary housing in the Christian Education building along with a shower and a fully-stocked kitchen. In 2003, I found great compassion ministries through the Methodist Church in Van Horn, Texas and the Day Stay Church of God in Bandon, Oregon. The Methodist Church in Van Horn, Texas took over the old Greyhound Bus Station and turned it into a place of respite for travelers in need. The Day Star Church of God in Bandon, Oregon was quite small with a membership of less than three dozen but it had an active ministry that provides temporary housing along with a clothing ministry and a food bank. One of the biggest churches that I have visited and is geared to doing social compassion ministries is the First United Methodist Church in downtown Bozeman, Montana.

These caring programs usually are not expensive but they do need a personal commitment of church members to use the abilities and talents that ADONAI (the L-RD) has given them. The needs of the individuals can readily be met by personal actions of the church members. A church is not the building but the people inside of it

14) What is your religion? I am a "Yehudim Meshahim". This is Hebrew for a "Jewish Believer in Y'SHUA". The other phrases that I tend to use to describe my faith is a "Completed Jew". Orthodox Jews use the phrase "Baptized Jew". I do not like to use the phrases "Christian Jew", "Converted Jew", or "Jewish Christian". I strongly believe that Y'SHUA is the "Ha-Mashaich (the Messiah) and the "Go'el Yisra'el (Redeemer of Israel) that Jews have been waiting for. I have immersed myself in the "Mayim Chaiyim" (Living Waters) through the "RUACH HAKODESH" (HOLY SPIRIT). Through my acceptance of Y'SHUA, I have the hope of Salvation and the Joy of "Chaiyim Chadashim" (New Life). I have merged in myself the teachings of the "Tanakh" (Old Testament) and the "B'rit Chadeshah" (New Testament).

I became a believer in Y'SHUA during Chanukah of 1975 while still in Germany. My family totally disowned me around Passover of 1976. I was almost 20 years at the time and the eldest of four children. My parents told everybody that I had committed suicide. There was even a funeral for me at my former synagogue and a tombstone was made with my name on it.

If you would like to have a personal relationship with ADONAI (the L-RD), all you have to do is to ask Y'SHUA to come into your heart. Believe this or not, Y'SHUA wants to have a loving relationship with you more than you can ever dream or imagine. The fact that you are alive demonstrates this. His tremendous love and patience is given unto you as He awaits your decision. I cannot encourage you enough to bring all of your heartaches, sins, and troubles to Him, and leave them at the cross, where He paid for them all through His own death and resurrection. Turn away from your sins and humbly ask Him for forgiveness and you will receive it abundantly. Ask Y'SHUA to be your guide, your leader, and your L-RD and He will. However, whatever you do, dear reader, please do not ignore or reject Him. It's your "Here and Now" as well as your "Eternity" that is

at stake.

15) How do you handle correspondence? I do not have a way to handle postal correspondence. Most of my correspondence is through email. I try and check my email account at least twice a week. My email address is pprayers@gmail.com. Please feel free to write to me via email. I will try and write back. It might take a while, but I will try and respond back to everybody who writes. My ministry has had a website since October of 1998. The site is quite extensive and you can follow my travels there. I try and update the website every week or so. It has had visitors from one hundred and forty-five countries from around the world. My website address is: <http://www.pedalprayers.org>.

Again, thank you for showing an interest, and may ADONAI (the L-RD) richly bless you!

Take care in Y'SHUA the Messiah.

In HIS Draft,

Rev. Hans
"the Cycling Rev"



I am a rider of compassion. The die was cast in 1993. The decision was made. I stepped over the line and haven't looked back, let up, slowed down, backed away, or kept still.

My past prepared me, my present makes sense, and my future is secure. When I stepped over the line, I was done with my thoughts of low living, sight walking, small planning, smooth knees, colorless dreams, tamed visions, mundane talking, cheap giving and dwarfed goals.

I no longer need per-eminence, prosperity, position, promotions, plaudits, or popularity. I don't have to be right, first, tops, recognized, praised, regarded, or rewarded. I live by faith in the belief of my Savior and this can be seen through my works. I lean on the strength of my fellow brothers and sisters of Christ. I love with patience, live by prayer, and labor with power.

My fate is set, my goal is fast. My goal is to share God's love and compassion throughout the land. My road is narrow, my way is rough, my companions on the road are few but the Spirit prevails, my Guide is reliable, my mission is clear. I cannot be bought, compromised, detoured, lured away, turned back, deluded, or delayed. I haven't flinched in the face of sacrifice, hesitated in the presence of adversity, negotiated at the table of the enemy, pondered at the pool of popularity, or meandered in the maze of mediocrity.

I won't give up, shut up, let up, until I have stayed up, stored up, prayed up, paid up, and showed up for all of those who I have come in contact with and are in need. I must go until I drop, ride until I give out, and work till He stops me. And when He comes for His own, He will have no problem recognizing me, for He will see my works, and know that I am one of His. I am a rider of God's compassion and this is my creed.

Shalom and hello. My name is Rev. Johannes (Hans) Erich Myors. I was born in a small village outside of Munich, Bavaria, (West) Germany in 1956. I immigrated to the United States in 1979 and became a citizen in