

When and where did this ride start? The ride started February 19, 1993 from Portland, Oregon. The ministry portion of the ride started from Santa Monica, California on March 27, 1993.

Where have you been? Since this adventure started, I have made sixteen crossings of the United States. I have also been in every state but Alaska and Hawaii. Also, I have made short jaunts into Canada and have touched the Mexican Border several times. Along the way, I have cycled through almost every major city in the United States and have traveled through most of the National Parks. With regards to elevation, I have been as low as one hundred feet below Sea Level (minus .03 kilometers) in the Imperial Valley in California and as high as almost eleven thousand feet (2.08 miles/3.34 kilometers)) above Sea Level in the Colorado Rockies west of Denver.

What disasters have you been at? I have helped at were the Great Mississippi River Flood in 1993; Hurricanes Andrew, Charley, Emily, Frances, Isadore, Ivan, Katrina, Lili, Opal, and Rita; and the Los Angeles Earthquake in 1994. I have also helped out after other floods, tornadoes, and wildfires. I will try and ride to the disaster area to help out if I am within 500 miles (800 kilometers) of it. The longest that I've stayed in a disaster area was three weeks.

What agencies have you worked with? During the natural disaster recovery, I have worked with the American Red Cross, Federal Emergency Management Agency, and the Salvation Army. Between 1996 and 2000, I worked with Habitat for Humanity helping to build sixty-two homes around the country.

When will you end your trip and where? I am not sure. It is up to ADONAI (the L-RD) to tell me when and where this adventure will end.

How are you funded? This is literally a "Ride of Faith". I have no major sources of funding or sponsorship. However, I have a very big, powerful, and loving L-RD. I trust that He will provide in His own and unexpected ways. It is because of His outstanding track record that I can confidentially trust that He will provide for me in the future. Through His people, I receive some funds through "Green Handshakes" (monetary donations given in handshakes) or "Love Offerings" from churches. Even though I have not worked for a wage during the last fifteen years, not one penny has been asked for. I have actually gotten more of my financial support from non-church sources. In-kind donations such as bike repairs and supplies, food, meals, and lodging have also been provided. In 2007, these in-kind donations totaled around \$6,000. Financial support totaled around \$3,200. Also, I fund myself through "Road Manna" (the loose change and currency that I find alongside the road). In 2007, I picked up almost \$150.

How many miles do you travel each day? On the days that I ride, there are many variables that affect my mileage (amount of daylight, errands, health, ministry opportunities, road conditions, terrain, weather, etc.) However, when everything is favorable, my average is between 50 and 100 miles (80 and 160 kilometers) per day. In June of 1999, a strong tailwind from the East helped me cycle from Berthold, ND to Culbertson, MT (almost 150 miles (240 kilometers)). In 2007, I had 13 days over 100 miles.

How far have you traveled? As of September 08, 2008, I have cycled 186,632 miles (298,611 kilometers). This is over 7.5 times around the Equator. The mean distance around the Equator is 24,901 miles (39,842 kilometers).

What is your favorite place? It is hard to say. With each state, there are places of good scenery. I like the coasts of California and Oregon; the mountains of Colorado, Idaho, and Wyoming; the Fox River Valley in Northern Illinois; and the Outer Banks of North Carolina.

How many bikes have you used? I am on my seventh bicycle. My first two bicycles were made by Schwinn lasting 23,054 and 28,082 miles (36,891 and 44,932 kilometers) and the second two were made by Specialized lasting 9,698 and 33,907 miles (15,517 and 54,252 kilometers). These four bicycles were "hybrids" (mountain bike frames with road tires and straight handlebars). My fifth bicycle was a 24-speed short-wheelbase recumbent made by Lightning Cycle Dynamics in California. It had 49,883 miles (79,813 kilometers) on it. My sixth bicycle was a Easy Racer/Sun EZ-Speedster-SX 24-speed SWB recumbent that lasted 23,648 miles (37,838 kilometers). I got a Easy Racer/Sun EZ-Speedster-AX 27-speed SWB recumbent on April 20, 2007 after my last recumbent was destroyed in a car accident in Mystic, CT. As of September 08, 2008, I've ridden 18,356 miles (29,369 kilometers) on it.

Are you doing this alone? Outside of ADONAI (the L-RD), Y'SHUA (the MESSIAH), the RUACH HAKODESH (the HOLY SPIRIT), and my guardian angels who accompany me, the answer is yes. I haven't been able to find the right person willing to go the distance with me. People have only traveled a day or two with me.

Do you ever get lonely? I can say "yes" sometimes. Nevertheless, ADONAI's (the L-RD's) grace remains sufficient to sustain me. I do have a small Walkman radio/ tape player that I listen to stay connected with current events or to listen to tapes using one ear bud.

Do you have a family? If you mean that I have a wife and children waiting for me somewhere, the answer is "No". (If I did, do you think that they would allow me to do this?) I tell everybody that if ADONAI (the LRD) wanted me to have a wife He would provide one on "two-wheels". Some people say that I am already married to my bicycle.

How old are you? I am 52 years old. I was born on June 15, 1956.

How heavy is your current bicycle? Depending on how much food and water I am carrying and what season it is, my current bicycle loaded up weighs around 100 pounds (45 kilograms). The recumbent weighs 31 pounds (15 kilograms) unloaded.

Where do you sleep? I sleep about anywhere ADONAI (the L-RD) opens a door or bush for me. I have slept in churches (61 in 2007), motor homes, and people's homes (128 nights in 2007). The invitations into people's homes (Home Visits) are some of the favorite times since long-term friendships can occur. Motel rooms have also been donated (76 in 2007). With my tent in good weather, I am able to be a bit more flexible in my sleeping arrangements (sleeping in abandoned or vacant property, church yards, in the woods, open fields, people's yards). (Note: I do not stay in anywhere that is posted not to trespass and I get permission to stay on people's property if it is possible.)

What do you eat? Typically, I eat bread (usually whole wheat), breakfast bars, canned chicken and tuna, dried fruit, fresh fruit, granola, honey, peanut butter, and trail mix. I get all of these things from local stores along the way. I carry between 4 and 5 days worth of food. This comes to about 15 pounds (6.8 kilograms). I tell everybody that I carry food for two because if I see somebody who is hungry I will stop and give them a meal. I

have never been without food on the bicycle. Whenever possible, I might get a hot meal from a fast-food place or a local restaurant.

Do you ever take rides? I try not to since those missed miles cannot be counted. The only times when I accept a ride are during bad weather, illness, when I need to get someplace in a hurry, or when there is a breakdown on the bicycle that I cannot fix alongside the road. I am quite handy in repairing flat tires. In addition, I might have to get a ride when I cannot pedal along highways such as interstates or across major bridges.

What do you do in different weather? I try and ride in most kinds of weather. I do have a rain suit and use it in cold and wet weather. During hot weather, I typically sweat a lot and drink a lot of fluids. In July of 2003, I rode through 105 degree Fahrenheit weather in Kansas. Road surface temperature was around 120 degrees. Sometimes, I am forced to stop for a while due to bad weather, but I will try and press on through it.

Will you ever write a book? It is hard to say. When or if the opportunity arises, it will be a matter of prayer. I do maintain a journal. I am not opposed to the idea. In fact, it would be a neat thing. Everybody asks me when the book is coming out. My problem will be finding enough time off the road to write it.

Do you ever seek publicity? Not really. When or if the opportunity arises, I pray about it and follow ADONAI's (the L-RD's) leading as to what to do. I am not opposed to publicity. People usually contact the press for me. The L-RD prompts others in this regard. HE is a much better PR person that I will ever be. I have been in at least four hundred newspapers around the country (8 in 2006) and have had countless radio (2 in 2006) and television interviews. With radio, I have been interviewed on Christian radio stations (such as American Family Radio out of Tupelo, MS) and on secular stations.

Why are you doing this? This is a question easier asked than answered. The answer is that I believe ADONAI (the L-RD) wants me to. In February of 1993, I had the same short dream of myself traveling by bicycle for four nights in a row. I had already done some extensive bicycle touring between 1986 and 1992 (almost 21,000 miles (33,600 kilometers)). The dream lasted just long enough to stay in my memory. The dreams were silent except for the last night. The silence of the last night was interrupted by one short two-lettered word. That word was "GO". I felt strongly that this was a call to action on my part by ADONAI. In four days, on February 19th, I was on the road.

What is your message? Basically, my message is two-fold (for individuals who are Christians and for churches). For Christians, my message is that they should "live out their faith". Another way of saying this is that they should put those words and beliefs into action. They should "Walk the Walk" instead of just "Talking the Talk". It is my conviction that if I am going to claim to be a Follower of Y'SHUA (the MESSIAH), then the life I live ought to be in keeping with that claim. Another way of saying this is "Actions speak louder than words". The second chapter of the New Testament Book of James states that our Faith and our Works (Actions) needs to go "hand in hand". There is a song that says "I'd rather see a sermon than hear one any day". I see my life as being a living example of this. For churches, my message is that they should get back to the "Basics" or be a church that cares and has a compassionate heart. For "Basics", I mean that they should get back to doing social action as found in James 2 and Matthew 25. There seems to be too much emphasis on the presentation and little emphasis on the message. Too many churches are just becoming "social clubs". Because of these two latter statements, it seems that 85% of the Protestant churches that I have visited are

either close to dying out or have a decline in membership.

The early churches made it a point to take care of the individual's physical needs especially those of widows and orphans. In present day churches, the act of caring (if there is any) is designated to a few people in the church or money is sent either to a local agency and the individual's needs are taken care of there (usually after a police screening has been performed) or given to a state or national program. Giving money to either a local rescue mission or shelter doesn't negate the church's obligation to care for others. Some churches now only have ministries for emotional or spiritual needs, day-care or preschool, or recreation. Money and effort is spent on taking mission trips to out-of-state places or foreign countries instead of going into their own communities and neighborhoods.

Churches need and should provide such things as clothes or food banks, health ministries (church or parish nurses), learning programs (budgeting and finance, computers), ESL (English as a Second Language), G.E.D., and homework help), minor home repair for the elderly (Christmas in April), respite for parents with children (Mother's Day or Night Out), hospice care, and temporary housing to mention a few things.

One of the best examples of a caring church is the Presbyterian Church in Wetumpka, Alabama (just Northeast of Montgomery) where they provide temporary housing in the Christian Education building along with a shower and a fully-stocked kitchen. In 2003, I found a great compassion ministry through the Methodist Church in Van Horn, Texas. The Methodist Church in Van Horn, Texas took over the old Greyhound Bus Station and turned it into a place of respite for travelers in need. One of the biggest churches that I have visited and is geared to doing social compassion ministries is the First United Methodist Church in downtown Bozeman, Montana.

These caring programs usually are not expensive but they do need a personal commitment of church members to use the abilities and talents that ADONAI (the L-RD) has given them. The needs of the individuals can readily be met by personal actions of the church members. A church is not the building but the people inside of it.

What is your religion? I am a "Yehudim Meshahim". This is Hebrew for a "Jewish Believer in Y'SHUA". Two other phrases that I tend to use are "Completed Jew" or "Messianic Jew". Orthodox Jews use the phrase "Baptized Jew". I do not like to use the phrases "Christian Jew", "Converted Jew", or "Jewish Christian". I strongly believe that Y'SHUA is the "Ha-Mashaich (the Messiah) and the "Go'el Yisra'el (Redeemer of Israel) that Jews have been waiting for. I have immersed myself in the "Mayim Chaiyim" (Living Waters) through the "RUACH HAKODESH" (HOLY SPIRIT). Through my acceptance of Y'SHUA, I have the hope of Salvation and the Joy of "Chaiyim Chadashim" (New Life). I have merged in myself the teachings of the "Tanakh" (Old Testament) and the "B'rit Chadeshah" (New Testament).

I became a believer in Y'SHUA during Chanukah of 1975 while still in Germany. My family totally disowned me around Passover of 1976. I was almost 20 years at the time and the eldest of four children. My parents told everybody that I had committed suicide. There was even a funeral for me at my former synagogue and a tombstone was made with my name on it.

If you would like to have a personal relationship with ADONAI (the L-RD), all you have to do is to ask Y'SHUA to come into your heart. Believe this or not, Y'SHUA wants to have a loving relationship with you more than you can ever dream or imagine. The fact that you are alive demonstrates this. His tremendous love and patience is given unto you as He awaits your decision. I cannot encourage

you enough to bring all of your heartaches, sins, and troubles to Him, and leave them at the cross, where He paid for them all through His own death and resurrection.

Turn away from your sins and humbly ask Him for forgiveness and you will receive it abundantly. Ask Y'SHUA to be your guide, your leader, and your L-RD and He will. However, whatever you do, dear reader, please do not ignore or reject Him. It's your "Here and Now" as well as your "Eternity" that is at stake.

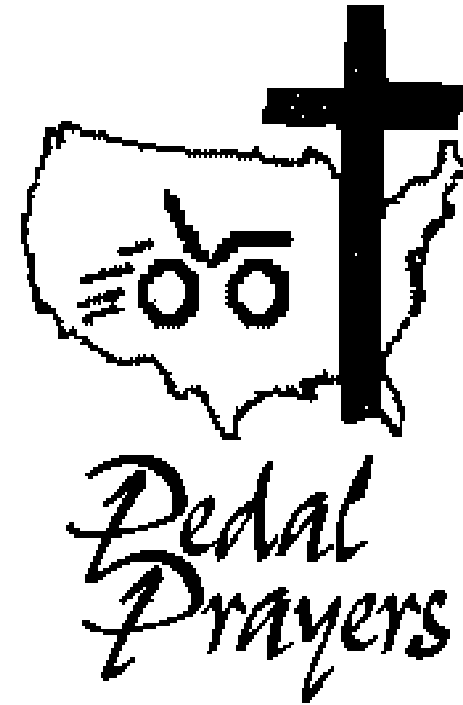
How do you handle correspondence? I do not have a way to handle postal correspondence. I maintain a Post Office Box to maintain a legal residence. Most of my correspondence is through email. I try and check my email account at least twice a week. My email address is pprayers@gmail.com.

Please feel free to write to me via email. I will try and write back. It might take a while, but I will try and respond back to everybody who writes. My ministry has had a website since October of 1998. The site is quite extensive and you can follow my travels there. I try and update the website every week or so. It has had visitors from over one hundred and four countries. My website address is: <http://www.pedalprayers.org>

Again, thank you for showing an interest, and may ADONAI (the L-RD) richly bless you!

Take care in Y'SHUA the Messiah,

Rev. Hans



Shalom, hello, and thank you for showing an interest in what I am doing. I can imagine that you might have a few questions that you would like to ask. This brochure answers the 28 most commonly asked questions.

Who are you? My name is Rev. Johannes (Hans) Erich Myors. I was born in a small village outside of Munich, Bavaria, (West) Germany in 1956. I immigrated to the United States in 1979 and became a citizen in 1984. Since 1979, I have lived in California, Florida, Georgia, Massachusetts, New York, Oregon, Texas, Virginia, and Washington. In the Fall of 1998, I was ordained as a minister through an Evangelical Christian ministry in Augusta, Georgia.

What have you been doing? Since February of 1993, I have crisscrossed the United States speaking at churches wherever possible either during Sunday school classes or the services (60 churches in 2006), talking to people along this country's highways and by-ways, performing disaster relief, working with other agencies, helping churches set up compassion ministries, maintaining an internationally read website, and designing websites for other ministries. Along with these things, I have also been praying. I tell everybody that "with every wheel revolution, a prayer goes up to Heaven". That is why my ministry is called "Pedal Prayers". On June 15, 2004, I passed the 1,000,000,000th wheel revolution mark. Along with expressing action, the word "Pedal" stands for Pray Every Day And Listen.